

2023 CFGC Executive Committee

President Victoria Schimdt 303-646-1741

vschmidt@cybertraininc.

2d Vice President Annie Mollock 406-570-8136 dragonflydragonfli@ yahoo.com

Secretary Susan Pelto 719-369-6599 smpelto@pcisys.net

Treasurer
Margie Soileau
719-648-8025
margie@soileau.org

Assistant Treasurer Sue Parker 303-699-2534

sbparker@besteffort.com

Editors
Chuck & Susan Pelto
719-543-4502
cbpelto@pcisys.net
smpelto@pcisys.net

Cover:

Pink tiny orchids, Denver Botanic Garden.
Centerfold:
Snowball Bush

Table of Contents	Page
Columns	Ü
President's Message	3
Garden Gadgets	
Culinary Corner	
Articles	
Poetry	5
2023 CFGC Annual Convention	
Awards Given at Convention	6
Help Wanted - Sponsorship	6
Photos of the Convention	7
Centerfold - Snowball Blossoms	8
Minutes of the 2023 Annual Meeting	. 10
Help Wanted - Photo/Vidiolog	
Rocky Mountain Region Convention	
Treasurer's Reports	
Coming Events of Interest	

How to Contact Us "Officially" & Other Information:

The Colorado Garden Connection is the official quarterly publication of Colorado Federation of Garden Clubs, Inc., an affiliate of National Garden Clubs, Inc. Known office of publication: 1556 Emerson, Denver, CO 80218-1450. Editorial, subscription, advertising and all other information available through The Colorado Garden Connection, same. Contents COPYRIGHT © 2023 by the Colorado Federation of Garden Clubs, Inc., or individual authors/artists. Permission is granted to clubs of the Colorado Federation of Garden Clubs, Inc., to reprint material not otherwise copyrighted by an individual author, providing wording similar to the following is also printed: "By (author name) Reprinted from The Colorado Garden Connection, the newsletter of the Colorado Federation of Garden Clubs, Inc." Please send two (2) copies of reprints to Editor at 425 W 18th St, Pueblo, CO 81003. All opinions expressed herein are those of the individual authors and do not necessarily reflect the opinions of Colorado Federation of Garden Clubs, Inc., or its officers and members.

The Colorado Garden Connection Submission Policy:

The Colorado Garden Connection, the dues-supported magazine/newsletter of The Colorado Federation of Garden Clubs, Inc., welcomes all points of view relating to horticulture, gardening, floral arranging and landscaping. Please submit articles, letters, graphic materials, if possible via e-mail, to editor at cbpelto@pcisys.net and/or smpelto@pcisys.net. The editor(s) reserve the right to edit any submission for suitability and space. Names may be withheld from publication for good reason, however, the author's full name, address, phone number, and where possible, e-mail address, must accompany every submission. We welcome your letters, articles, poetry, graphic artwork and other such items for inclusion in this newsletter. No hard-copy submissions will be returned without SASE. Uncopyrighted materials may be reprinted in other Colorado Federation of Garden Clubs, Inc., publications. The deadline for the next quarterly submissions appears in the events section.

Visit Our Web Site: coloradogardenclubs.org

Check it regularly for late news and changes to the Calendar and Events.

President's Welcome

Theme

"Growing our knowledge through education, experience, experimentation, and sharing."

Project

"Educating our members, our youth, and the public in gardening, horticulture, landscape design, environmental conservation, and the art of floral design through presentations, demonstrations, interactive workshops, and community projects."

President's Message

Hello fellow gardeners!

It is with a deep sense of honor that I take the reins of the presidency of CFGC. I know this is a big job and I hope that I represent you well. I look forward to getting to know more of our members and sharing our gardening experiences and knowledge with each

other. I hope each club will invite me to one of your meetings or events during the two years of my presidency. I know that visiting clubs will be a highlight for me as I love learning about each club and its members, and I have truly enjoyed visiting several of the clubs during my time as Vice-President.

To tell you a little about myself, I'll start with growing up on the east coast. We moved around a lot, but my extended family is from West Virginia, where my love for gardening started when I was a child, helping my family in the garden growing food that helped feed our family. I loved being in the garden, planting seeds that would soon grow into plants that graced our table. After graduation, I joined the Army, traveled the world, and met my husband, a Marine (don't worry, I forgave him for that). We have 3 daughters and sons-in-law, and 8 wonderful grandchildren. After my time in the military, I worked in many jobs related to training adults and implementing new technologies. I eventually started my own company of instructional designers, learning experience architects, software developers, and project/program managers, which I still run today. I enjoy

learning new things, whether in the garden or on the computer.

I want to thank each and every member of CFGC, Inc. for the time, knowledge, and skills you have each donated to your garden clubs. Many have taken it a step further and extended that volunteerism to taking on officer and/or chair positions within your club, district, state, region or at the national level. At any of these levels, I know that it is often hard to carve out time from our busy schedules and I want you to know that I appreciate it! I always try to keep in mind that we are all volunteers. The officer and chair positions we fill are not jobs we are paid for with money. They are positions where volunteers graciously donate their time, knowledge, skills, and sometimes blood, sweat, and tears to help our organizations thrive! We could not do what we do without you. You are appreciated!

This is going to be a big year for us as we prepare to host the National Garden Clubs, Inc.'s annual conference at the Westin in Broomfield, Colorado, the first week of June, 2024. It's an exciting time with members sharing their time, knowledge, and skills with us to plan and execute this conference while shining the light on Colorado and the Colorado Federation of Garden Clubs members. If you would like to volunteer, please reach out to me. We would love to hear from each of our members and have you participate in one way or another with the NGC conference. We are working on ways to make it more cost effective for Colorado members to attend the conference in 2024. This will be a great opportunity for everyone to meet fellow gardeners from across the country, as well as some of our international members. We'll have great speakers and workshops. It should be a great conference.

I appreciate those of you that volunteer your time and take on responsibilities in our organization. It takes all of us to make this organization thrive and grow. I look forward to working with you over the next two years to help expand our knowledge and share that knowledge with our members and the public.

Thank you for your time, your energy, and your talents. I hope that your gardens grow bountiful harvests!

Sincerely,

Victoria Victoria Schmidt President

Garden Gadgets

Summer is upon us with a vengeance. The Sun is shining down, trying to burn on us. The temperature is up and trying to bake us.

Last issue was a strange h e a d g e a r offered to provide protection from the blazing Sun while we work our gardens.



This issue's garden gadet is a small portable fan that hangs on your neck blowing air upon about your head

It's only nine ounces and very quiet.

Combined with that sunbrella, this should be good.

Culinary Corner

Oven Baked Carrots

A great side dish to accompany any entree. It's easy to prepare, easily modified to accompany any meat and its delicious.

Ingredients:

- 2-3 Large Sweet Carrots
- Olive Oil
- Salt
- Pepper
- Crushed Red Pepper Flakes

Preparation:

- [1] Place a rack in the middle of your oven.
- [2] Preheat the oven to 450 °F.
- [3] Peel, wash and dry the carrots.
- [4] Slice on a diagonal 1/2 inch pieces.
- [5] Drizzle some olive oil on a baking sheet and spread it around.
- [6] Spread the carrots on the baking sheet and drizzle with olive oil.
- [7] Sprinkle with crushed red pepper flakes to taste.
- [8] Salt and pepper the carrots to taste.
- [9] Bake the carrots for ~20 minutes or until tender.

Serves: 2

Preparation Time: 5 minutes Cook Time: 20 minutes

The crushed red peppers are one option. Others are various seasonings could be; onion, garlic, brown sugar, honey, herbs, spices, blends.

Use your imagination and enjoy....

When weeding, the best way to make sure you are removing a weed and not a valuable plant is to pull on it.

If it comes out of the ground easily, it is a valuable plant.

Lines Written in Kensington Gardens

BY MATTHEW ARNOLD

In this lone, open glade I lie, Screen'd by deep boughs on either hand; And at its end, to stay the eye, Those black-crown'd, red-boled pinetrees stand!

Birds here make song, each bird has his, Across the girdling city's hum. How green under the boughs it is! How thick the tremulous sheep-cries come!

Sometimes a child will cross the glade To take his nurse his broken toy; Sometimes a thrush flit overhead Deep in her unknown day's employ.

Here at my feet what wonders pass, What endless, active life is here! What blowing daisies, fragrant grass! An air-stirr'd forest, fresh and clear.

Scarce fresher is the mountain-sod Where the tired angler lies, stretch'd out, And, eased of basket and of rod, Counts his day's spoil, the spotted trout.

In the huge world, which roars hard by, Be others happy if they can! But in my helpless cradle I Was breathed on by the rural Pan.

I, on men's impious uproar hurl'd, Think often, as I hear them rave, That peace has left the upper world And now keeps only in the grave. Yet here is peace for ever new! When I who watch them am away, Still all things in this glade go through The changes of their quiet day.

Then to their happy rest they pass! The flowers upclose, the birds are fed, The night comes down upon the grass, The child sleeps warmly in his bed.

Calm soul of all things! make it mine To feel, amid the city's jar, That there abides a peace of thine, Man did not make, and cannot mar.

The will to neither strive nor cry, The power to feel with others give! Calm, calm me more! nor let me die Before I have begun to live.

Every garden is unique with a multitude of choices in soils, plants and themes.

Finding your garden theme is as easy as seeing what brings a smile to your face.
-- Teresa Watkins

CFGC 2023 Awards List

#2 a. Special Achievement Certificate

Queens of Spades Donation of Succulents to Meals on Wheels

#3 Presidential Citation

Margie Soileau, Doris Duckworth, Audrey Coyle and Becky Elder

#4 CFGC President's Project

Dig and Dream Garden Club \$50.00

#5 NGC President's Project

Dig and Dream Garden Club \$50.00

#12 Garden Club Program

Dig and Dream Garfen Club \$25.00

#27 Website

Dig and Dream Garden Club

#28 Social Media

Dig and Dream Garden Club

Heart Warmer Recipients:

Dig and Dream – Meg Watkins

Cheyenne Mountain – Dennis Husk

Douglas County - Jeanne Ricci

Harveyette Harvester – Irma Farrell

Happy Transplants – Helen Rittierodt

Loveland - Betty Hill

Manitou Springs – Lucy Westenburg

Queens of Spades - Jill Smyth

#25a. Yearbook:

under 20 members

Queens Of Spades 1st place Harveyette Harvesters 2nd place Pikes Peak Designer's Guild 3rd place

21-29 members

Happy Transplants 1st place Dig and Dream 2nd Place

30-44 members

Douglas County 1st place Cheyenne Mountain 2nd Place

HELP WANTED VOLUNTEERS

Are you clever?
Make Friends Easily?
Skilled at Sales?

Join the 2024 NGC Team
We need someone to
Chair the.....
Sponsorship Team
Contact Nancy Griffin

mysticmoongardener@gmail.com

Seeds and Gardens

If words are seeds, let flowers grow from your mouth, not weeds.

If heart are gardens, plant those flowers in the chest of the ones who exist around you.

by Katherine Riegel



Annual Convention Meeting Minutes

June 15, 2023

Conference Room, 15th Floor, Monarch Hotel, Black-hawk, Colorado

The CFGC Board of Directors meeting was called to order by Nancy Griffin, CFGC President, at 9:07 a.m. at the Monarch Casino and Hotel's Conference Room. Nancy welcomed everyone and introduced visitors and distinguished guests.

The invocation was provided by Jeanne Ricci. The Pledge of Allegiance was led by Connie Ellefson. Audrey Coyle, Conference Chair, welcomed everyone and provided housekeeping information.

Joy Kancir led the memorial service and created the memorial arrangement for the 9 members lost this year. Nancy Griffin led the adoption of the timekeeper and teller, Jeanne Ricci. Jeanne reviewed the conference rules.

Margie Soileau presented the Credentials Report.

Minutes: The Recording Secretary was not present. Victoria Schmidt was appointed Secretary Pro-Tem. A quorum was declared present. The 2022 Annual Convention meeting minutes were read and accepted as submitted.

New Business

The following officers, chairmen, and/or committees reported:

Finance and Budget: Margie Soileau, CFGC Treasurer, reviewed the balance sheet, the profit and loss report, and the proposed budget. Margie reported a starting balance in the checking account of \$8,929.03, \$43,991.77 in the GFMMA savings account, and \$3,204.20 in the Transfer Account. The total Checking/Savings Account is \$56,125.00. Vanguard is \$194,597.38. Our Net Income is negative at -\$507.86 but getting better. Colorado Gives Day total was \$9,300.00. We no longer send Denver Botanic Gardens \$200 a year as we no longer have a seat on their board. The Emerson House gardens were redone under budget. The proposed budget was reviewed.

Emerson House Trustees: Nancy Griffin is the new Trustee Chair. Margie Soileau, Joy Kancir, Ben Parker, and Debbie Martin agreed to another term as Trustee. Two additional Trustees are needed.

Election of Officers: Margie Soileau, Nomination Committee Chair, presented the candidates for office and asked for nominations from the floor. The following were nominated: CFGC President: Victoria Schmidt, VP: Not filled, Treasurer: Margie Soileau, Assistant Treasurer: Sue Parker, Secretary: Susan Pelto. Note Annie Mollick agreed to become 2nd VP and to take on membership and the 1st VP duties of Colorado Gives day. 1st VP only needs to lead the Ways and Means meetings. Need a volunteer.

Awards: Connie Ellefson presented awards. NGC Certificates of Achievement went to Loveland Garden Club, Dig and Dream Garden Club (X5), and Queen of Spades Garden Club. CFGC Awards went to: 2a: Queen of Spades Garden Club, and awards 4, 5,12, 27 and 28: Dig and Dream Garden Club.

Tree Grants: Margie Soileau explained that a donor added money so the grants were \$150 this year instead of \$125. Grant Winners: Douglas County Garden Club, Queen of Spades Garden Club, Pikes Peak Designers Guild, Cheyenne Mountain Garden Club, Manitou Springs Garden Club, and After Hours Garden Club.

Penny Pines: \$68 pays for planting a plantation of trees. You can designate it to be used in a certain state or national forest. The following clubs participated this year: Happy Transplants Garden Club, Floral Arts Study Club, Colorado Judges Council, Cheyenne Mountain Garden Club, Dig and Dream Garden Club, After Hours Garden Club, Douglas County Garden Club, and Queen of Spades Garden Club.

Motions:

Recommendations of the Executive Board and Committees and their disposition:

Motion by Audrey Coyle: Moved to approve the proposed budget as presented by Margie Soileau, Treasurer. 2nd by Jeanne Ricci. Motion passed unanimously.

Motion by Gail Fischer: Moved to elect the proposed Emerson House Trustees. 2nd by Audrey Coyle. Motion passed unanimously.

Motion by Mary Fagerberg: Moved to elect the presented officers. 2nd by Becky Elder. Motion passed unanimously.

At 10:22 the business meeting was temporarily paused till 10:37 a.m. when the meeting resumed.

Break for Lunch and Speakers at 10:45

Speaker: Robin Pokorski, previous NGC Membership Chair, presented a program on Inspiring and Retaining Membership. She also did a short presentation and activity on taking minutes.

Speaker: Michael Guidi, Denver Botanic Gardens Horticulturist, spoke on Colorado pollinators and the plant select program.

Business Meeting Resumed at 2:21

New Business (Continued)

The following officers, chairmen, and/or committees reported:

Emerson House: Debbie Martin, Chair, provided a report and presentation on the garden updates.

Awards Continued: Connie Ellefson presented awards for Yearbook: Under 20 - 1st Queen of Spades 2nd Harveyette Harvesters, 3rd Pikes Peak Designers Guild. 21-29 – 1st Happy Transplants, 2nd Dig and Dream. 30+ - 1s: Douglas County, 2nd Cheyenne Mountain. Audrey Coyle presented awards for photo contest: Bird - 1st Sandee Teitscheid, 2nd Nanc Halverhout. Butterfly: 1st Barbara Bridges, 2nd Sandee Teitscheid.

Break at 2:42 p.m. Returned for seminars at 3:15 p.m.

Seminars:

Design off Contest: Performed by Lise Baklid (winner), Annie Mollick, and Rose Persichetti.

Permaculture in a Time of Drought Workshop – Presented by Becky Elder.

Scent Sensations Workshop – Presented by Carol Lenahan, FRHS.

Judges Council Meeting – Doris Duckworth, Presiding.

Business Meeting Resumes: At 6:45 p.m. the business meeting resumed, and Dinner began.

The following officers, chairmen, and/or committees reported:

Blessing: The blessing was provided by the Southern District.

Installation: Nancy Griffin presided over the installation of the new CFGC Executive Board.

Columbine Scholarship Winner: Presented by Connie Ellefson. The winner could not attend.

Invitation to 2024 NGC Conference: Video create by Victoria Schmidt was shown at NGC and at the CFGC Conference as the invitation to the 2024 NGC Conference to be held in Colorado the first week of June, 2024. Invitation to 2024 CFGC Conference: Video create by Victoria Schmidt was shown as the invitation to the 2024 CFGC Conference to be held in May, 2024.

Courtesy Resolutions – Presented by Gail Fischer.

Announcements: CFGC Post Convention BOD Meeting (via Zoom) on June 29, 2023 @ 10:00 A.M.

Meeting Adjourned: at 9:07 p.m.

Submitted by Victoria Schmidt, Secretary Pro-tem

HELP WANTED VOLUNTEERS Photogs and Videologs for the 2024 NGC Convention Got Gear Got Imagination Got Time Join the Photog/Video Team And have some fund CONTACT Chuck Pelto, cbpelto@pcisys.net



2023 RMR 87th Annual Convention Meeting Registration Form

When: AUGUST 25-26, 2023

August 25, Entertainment: 6pm-9pm "FLYING W RANCH" 3330 Chunk wagon Rd., Colorado Springs, CO, 80919

August 26, Meeting: "PATTY JEWETT GOLF CLUB" 900 E. Espanola St., Colorado Springs CO. 80907, Registration and set up: Aug. 26, 7am-9am Meeting: Aug. 26, 9am-9pm

Please print, fill in and real with your check and postmarked by AUGUST, 10th, payable to "2029 RMR Convention" and mail to:

"2023 RMR Convention" DORIS DUCKWORTH, Registrar 1040 CARIBOU Or. WEST COLORADO SPRINGS, COLORADO, 80132

____cut hore Name Address Phone # 6-1144 Recistration Fee **\$**25.00 **\$**35.00 Late registration after Augus 10° Friday: "Flying W Ranch" Dinner___ \$30.00 \$30.00 Saturday: Lunch \$40.00 Saturday: Oinner TOTAL: (Please note any

distary needs or restrictions to: Doris Dustmorth with registration)

Saturday: Tour 3pm-4:30(FREE, own transportation)_____

The Mesa Commercation & Environmental Center 2005 Mesa Read, Columbo Springe, CO

Credentials: (check all that apply)

KMR Chrimen	Revisemental Studies Con.	
RMR Life Member	Gardening Con.	
RMR Previous Director	Flower Show Judge	
State President	Lands ape Design Con.	
Club President	Gurden Chib Member	
State Life Member	Goest	
	RMR Chairman RMR Life Member RMR President State President Chib President	







Calendar

Coming Events of Interest:

Deadline for submissions for the Winter issue of the Colorado Garden Connection, September 19,
 2023.

• Aug 2, 2023	Adams County Fair and Flower Show
• Aug. 16, 2023	All CFGC garden clubs to support work day, weed and clean up gardens at EH
• Aug. 25-26 2023	CFGC to Host the RMR meeting in Co. Springs (Flying W Ranch & Patty Jewett Golf Club)– Audrey Coyle, Chair, Margie Soileau, RMR Director 2021-23
• Aug. 28, 2023	CFGC Trustees Meeting
• Sept.8, 2023	CFGC Ways & Means, EX BD and BOD meeting at EH – 9:30am-3pm
• Sept. 11, 2023	CFGC Judges Council Hosting Flower Show at EH
• Sept. 15, 2023	NFRD Annual meeting – Greeley
• Sept. 20, 203	Happy Transplants GC to work EH gardens
• Sep. 20-23, 2023	NGC Fall Board Meeting, Marriott, St. Louis Air Port, St. Louis, Missouri
• Sept. 25, 2023	CFGC Trustees Meeting
• Oct. 11, 2023	Harveyette Harvesters GC Work EH gardens
• Oct. 23, 2023	CFGC Trustees Meeting
• Nov. 13, 2023	CFGC Judges Council
• Dec. 8, 2023	CFGC Ways & Means, EX BD & BOD Meeting at EH
• Jan. 8, 2024	CFGC Judges Council Meeting at EH
• March 8, 2024	CFGC Ways & Means, Ex BD & BOD meeting at EH
• March 25, 2024	CFGC Trustees meeting at EH

For additional information on events without a Point-of-Contact (POC), please check the CFGC web-site at coloradogardenclubs.org. Or, if no access to the internet, call or write Joy Kancir at 303-814-0679 or 2195 Pine Wood Road, Sedalia, CO 80135-8043.