# The Colorado Garden Connection

The Garden Connection - The Newsletter of the Colorado Federation of Garden Clubs Vol. 93 No.		
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#### How to Contact Us "Officially" & Other Information:

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#### The Colorado Garden Connection Submission Policy:

The Colorado Garden Connection, the dues-supported magazine/newsletter of The Colorado Federation of Garden Clubs, Inc., welcomes all points of view relating to horticulture, gardening, floral arranging and landscaping. Please submit articles, letters, graphic materials, if possible via e-mail, to editor at cbpelto@pcisys. net and/or smpelto@pcisys.net. The editor(s) reserve the right to edit any submission for suitability and space. Names may be withheld from publication for good reason, however, the author's full name, address, phone number, and where possible, e-mail address, must accompany every submission. We welcome your letters, articles, poetry, graphic artwork and other such items for inclusion in this newsletter. No hard-copy submissions will be returned without SASE. Uncopyrighted materials may be reprinted in other Colorado Federation of Garden Clubs, Inc., publications. The deadline for the next quarterly submissions appears in the events section.

#### Visit Our Web Site: coloradogardenclubs.org

Check it regularly for late news and changes to the Calendar and Events.

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Vol. 93 No. 3

From the Editors

**Garden Gadgets** 

The Dead of Winter

My Dear Fellow Gardeners,

So here we are. And a Happy New Year. Winter first. All January, February and maybe even into March, depending on the 'Climate Change.'

Not really the best gardening weather. But good for planning, acquiring necessary materials and preparing for the coming growing season. Which is closer than it appears on your calendar.

In the meantime, one can do gardening in a sunroom. Or even in a southern exposure window, which is what we're doing with the wine bottle gardening described in the last issue of the Colorado Garden Connection. It's coming along. But getting it started has proven to be a challenge.

We started with one wine bottle with watercress. It's been a learning experience. With the first effort, the wicking alone didn't bring enough water and nutrient for the seeds to sprout. Or rather, the lack of humidity dries up the water in the sponge-like medium. To overcome this deficiency we started adding water and nutrient to the seeds from above. A daily eye-dropper full. The seeds sprouted, but due to the dry nature of our semi-arid climate, they collapsed. So we put some clear plastic wrap over the top of the opening, turning the bottle into a terrarium.

The seeds still sprouted, but died. I'm thinking the nutrient was too concentrated for the sprouts. So we've reduced the Miracle Gro and epsom salt by half. The seeds are sprouting. We'll see what develops.

In the meantime, Pueblo is getting more than its usual amount of precipitation this Winter. A good sign for this growing season, as long as it keeps up.

Years ago, we received twice as much precipitation as usual. At the club garden project, the columbines, which usually grew to knee-high, were waist-high that season. It was so dense we were wading through it to tend the garden.

Let's hope for the same this year. Chuck & Susan Pelto Pueblo, CO Protection from the Sun

Most of our garden tending is not in shady areas, but rather in the bright, high-altitude, Colorado sunshine. And lots of UV to go along with it.

Some can get too much of the latter for their own good. Sunburn is unpleasant. So is skin cancer.

It's awkward to carry about an umbrella to shade oneself. Moving it about the garden is cumbersome. So how about one that moves with you in the form of a

large hat-like umbrella, to shade your head and shoulders?

There's something available to do that. Here's a picture of one to consider.

It's not only good for gardening, but for anywhere one could find themselves in the sun for an extended period of time: fishing, open air events, hiking, etc.



**Culinary Corner** 

**Book Review** 

# **Apricot-Nut Cheese Roll**

Well the Holiday Tea Party at Nancy's was delightful. And someone asked for the recipe for the cheese log we provided for the feast. Albeit few of us grow apricot or hazelnut, they're both things we could grow, so they qualify for Culinary Corner.

However, I will comment benefit of apricot trees. When we lived in Englewood, a house on the far corner of our block had five or six such trees– full grown–in their back yard, trimmed at their bottom branches to seven feet above the ground. It was

like a rustling, leafy, green

ceiling dense and

on the

in the back yard. The grass was dense and richly green. Walking past it on a hot Summer afternoon, all the moisture exuded from the leaves, it was like walking past a giant evaporative cooler. So refreshing.

# **Ingredients:**

- 8 ozs Cream Cheese, softened
- 1/4 cup semi-dried Apricots, coarsely chopped
- 1/4 cup Hazelnuts, toasted and chopped
- 1/4 cup White Sesame Seeds, toasted
- Crackers
- Italian parsley [Optional as Garnish]

# Instructions:

[1] Toast and coarsely chop the Hazelnuts.

- [2] Toast the Sesame Seeds.
- [3] Chop the Apricots.

[4] Combine Apricots and Hazelnuts with the Cream Cheese.

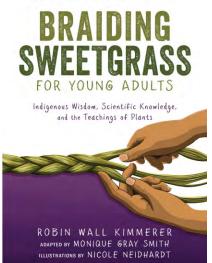
[5] Form the combined material into a roll. Place the roll on plastic wrap or waxed paper with the sesame seeds.

[6] Roll the cheese log in the sesame seeds.

[7] Serve with the crackers, either in a pot to spread or sliced thin already on the crackers. If the latter, chill the roll before slicing.

**Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants** by Robin Wall Kimmerer

Robin Wall Kimmerer is a member of the Potawatomi Nation and a professor of botany. As such, she views our natural world and what we have done to it through an unconventional lens, combining native understanding with modern science. Rememher childhood bering activities of harvesting strawberries and "digging medicine," she encourages us to see the gifts that



ADAPTED FROM THE NEW YORK TIMES BESTSELLER

nature is giving us. In return, we need to be mindful of how we accept, use, and reciprocate those gifts. This beautifully written (and extremely popular) book can be read and enjoyed slowly, chapter by chapter, then saved to reread many times.

# Lynn Cleveland





# FOR THE CEGC STATE "DESTINATION" CONVENTION

# ON JUNE 14-15, 2023

# **! LEARN HOW TO BEAT THE GARDENING ODDS !**

WOW! Enjoy NGC's entertaining Membership Chairman Robin Pokorsky! DBG SPEAKER SHARES GARDENING TIPS FOR OUR AREA

# "DESIGN OFF"

Staring 3 of our own talented CFC Flower Show Judge Designers

# BREAKOUT WORKSHOP

INCREDIBLE DOORPRIZES INCLUDING PLANT"SELECT" SERIES

Sponsored by CFGC SD



# Save the Date

Eaturday, April 1, 2023 Colorado Southern District of Garden Clubs Annual Meeting A member of the Colorado Federation of Jurden Clubs



A Day at the Sowell Ranch Colorado Agriculture Seadership Foundation Afterneon entertainment will feature The Segendary Sadies Segendary Sadies info@legendaryladies.org

Hest: Douglas County Garden Club Bate: Saturday, April 1, 2023 <u>Where</u>: 2330 &-25 East Prontage Road, Castle Rock, Colorado <u>Pime</u>: 9:00 am to 3:00 pm <u>Registration is 530</u>. Official registration forms will come from your Club President by February 1, 2023.

Each club is asked to bring a basket for the silent auction. It is suggested that the baskets contain items other than gardening ones i.e., movie night, spa time, reading good books, etc. Be creative.

## Don't miss this special presentation at the Southern District Meeting on April 1, 2023! Send in your registration form today.



# The Legendary Ladies

# MAKING HISTORY COME ALIVE!

Travel back in time as you listen to the stories of real women who made an impact on the West.

Be entertained by the historical portrayals of unique women of past generations.

Experience an educational edventure into the accomplishments of women of another time!

Founded in 1992, The Legendary Lodies is an educational, non-profit, performance organization bound by our love of women's history. They perform all over Colorado, sharing stories often forgotten in American historical records: those of the unconventional women who made their mark on the west. The group is comprised of approximately 20 women who volunteer their time for research, rehearsal, costume creation and performance.

"The bistory of all times, and of today especially, teaches that women will be forgotten if they forget to think about themselves."

Louise Otio German feminist, 1849

## Legendary Ladies Cast:

#### Bird Millman: 1890-1940 High Wire Performer

One of the most extraordinary high-wire walkers on the planet, Jennadean Engleman, stage name Bird Millman, performed for almost a quarter of a century, working with circuses and traveling shows the world over. Sometimes promoted as "The Lightning Flash on the Wire" and "The Fairy on the Cobweb", she captured the hearts of every audience member.

#### Bertha Spears: 1908 -? A Harvey Girl

A chance encounter changed the life of farm girl, Bertha Spears. She seized the opportunity and adventure to work at a job that more than 100,000 women would also choose, becoming part of the largest migration of working women in US history. As a Harvey Girl, she waitressed along the Atchison Topeka & Santa Fe Railroad in Pueblo, CO. Enchanting! 1930's Costume.

#### Lillian Russell: 1861-1922 Light Opera Star

Called the "feminine ideal incarnate", Russell was the foremost singer of operettas in America. Her clear soprano voice and beauty intoxicated her audience and admirers showered her with precious gems. Her popularity steadily increased as she traveled the theater and vaudeville circuit, including the western United States. Musical. Inductee in Theater Hall of Fame. Victorian Costume

#### Maud Nelson: 1881-1944 American Baseball Player

This baseball barnstormer was a world-renowned Bloomer Girl pitcher, third baseman, scout, manager, and owner of the best baseball teams of her era. Passionate about the sport, this professional was touted as "the greatest all-around female ball player in existence." Engaging! Inductee in National Women's Baseball Hall of Fame. Victorian Sport Costume

#### Captain Jack: 1842-1921 Lady Miner

A rough and tumble woman, this female prospector, miner and entrepreneur in Colorado fought discrimination against women. Using humor and colorful words, she will tell you her story including how she "mined" tourists in the Colorado Springs area. Lively. Victorian Miner's Costume.

## Douglas County Garden Club, member of the Colorado Federation of Garden Clubs, Inc.,

cordially invites you to the

2023 Southern District Annual Meeting



Seturday, April 1, 2023—9:00 am to 3:00 pm Colorado Agriculture Leadership Foundation, C.A.L.F. 2330 I-25 East Frontage Nd, Castle Rock, Colorado (Directions are an the back of the page. Do not use Google.)

# A Day at the Ranch **REGISTRATION INFORMATION**

Name:			
Address:			_
City:	State:	Zip Code:	
Phone (with area code)	Club Name:		_
<u>Please mark all that apply:</u> Firs <u>National Life Member, Emers</u> <u>Regional Officer, State Comm</u>	on House Trustee,National	Chairperson,NGC/CFGC R	ower Show Judge,
President,Environmental Consul Member			
REGISTRATION: Registration fee mailed early. We need registratio A light continental breakfast will be:	n forms and checks by Marc served with a catered box lund	<u>h 10<sup>th</sup>, 2023.</u> h including some vegetarian/gl	
Please mail your registration form at Make checks payable to Douglas Cou			iC c/o Betty Thomas,
P.O. Box 127, Larkspur, CO, 90118. 303-809-1384 and Jeanne Ricci at <u>ric</u>	If you have questions, you can	contact Betty <b>Thomas at <u>betty</u></b>	• •

## CHOOSE ONE LUNCH (INCLUDES: GLUTEN FREE CHIPS, GLUTEN FREE OR REGULAR COORE, WATER)

GLUTEN FREE VEGETARIAN WRAP GLUTEN FREE TURKEY WRAP TURKEY WRAP \_\_\_\_\_HAM WRAP

Each club is asked to bring a basket for a silent auction. It is suggested that the theme of the baskets be something other than garden themes since so many of us have many garden tools and equipment. We can get creative i.e., movie night, spa night, craft time.



#### 2023 Western Landscape Symposium

## Tickets on sale now at https://2023WLS.eventbrite.com

The fifteenth Western Landscape Symposium will be held Saturday, April 1, 2023. The Symposium will be held at Pueblo Community College in the Fortino Ballroom from 9:00 a.m. until 3:30 p.m. The keynote speaker will be Panayoti Kelaidis, Senior Curator and Director of Outreach at the Denver Botanic Gardens. He will present a session on gardening in tough conditions. Other session topics include plant propagation, successful lawn conversions, gardening for food security, and creating sustainable, resilient gardens and landscapes. The full lineup including speaker bios will be posted online athttps://www.facebook.com/WesternLandscapeSymposium and at www.westernlandscape.org in the coming weeks. Advance tickets are \$30.00 each. Purchase tickets online now at https://2023WLS.Eventbrite.com. Tickets will not be available at the door and this annual event sells out. For more information, call 719-583-6566.

The Western Landscape Symposium is an educational forum to promote the creation of appealing and sustainable landscapes in southeastern Colorado, incorporating water-wise garden practices and plants adapted to local climate and soil conditions.



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Minutes of the Board of Directors Colorado Federation of Garden Clubs, Inc.

## HOLIDAY TEA Board Meeting Minutes Dec 7th, 2022 IN PERSON ONLY Place: 19331 E Berry Place, Aurora CO 80015

Invited: All Past Presidents, Officers, Historian, Parliamentarian, All Committee Chairmen, All District Presidents, All Headquarter Trustees, All Club Presidents, All NGC Officers Chairmen/Committee Members, Regional Officer/Chairmen/Committee Members (14 quorum) Special Guests:

Doris Duckworth, Michele Gustin, Victoria Schmidt, Ben Parker, Lynn Cleveland, Margie Soileau, Debbie Martin, Jeanne Ricci, Jeannie Falletta, Carol Grant, Audrey Coyle, Anita Eckley, Stacey Shockman, Gayle Fisher, Jean Sondera.

CALL TO ORDER: The meeting was called to order at 11:38 am after introductions.

The attendees recited the Pledge of Allegiance

President Nancy Griffin welcomed everyone. She introduced Jeanne Ricci, new State Parliamentarian. She expressed thanks to Marge Koerner, out going Parliamentarian for her for her time, devotion and dedication to CFGC and her local clubs.

Present and past officers were acknowledged. A new Southern District President is needed.

Doris Duckworth, National Multiple Refreshers Chairman, explained what the committee does.

Minutes: Margie Soileau moved to accept the minutes of the previous meeting as written. There was a second and the motion passed.

Financial Report: Treasurer Margie Soileau reviewed the Profit & Loss Statement, the Balance Sheet, and the Vanguard accounts. She asks that people ask for reimbursement for supplies and let her know so she knows what our expenses really are. The report will be filed.

# OFFICERS REPORTS:

Vice President- Victoria Schmidt: Finance-Ways and Means Committee: A lot of money came in last night for Colorado Gives day (Dec. 6, 2022). She said that checks that come in early count for matching funds, so please send early. CFGC videos created for Colorado gives day are available for local club websites.

Historian- Michele Gustin asked that we please submit reports on events to her to compile a report by end of January 31, 2023. There are some National Awards that are not active at State and Regional levels. Top of the World got 2nd place for Yearbook at Rocky Mountain Regional.

2023 CFGC Convention Chair- Audrey Coyle announced a change of date to June 14 & 15. It will be held at the Monarch Casino. Try to register early. Registering early provides for a block from CFGC and we can avoid taxes. Contact her for more info.

• District Presidents:

Victoria Schmidt- Northern Front Range District needs a nomination committee.

Michele Gustin: - Awards from the Rocky Mountain Regional meeting were passed out to various clubs.

EXECUTIVE COMMITTEE REPORT- recommendations from the Executive Committee were presented by the secretary: \$1260.00 for EH tree removal, \$7,000.00 for EH front yard makeover, and \$35.00 registration fee for 2023 State Convention. Gustin moved to accept the amount for tree removal. There was a second and the motion passed.

The front yard makeover is based on designs by Carol Grant and Joy Kancir. Sue Parker arrived. Coyle suggested recording the progress of the installation with pictures and videos. Coyle moved to spend \$7000 on the front yard makeover and follow through with the recommendations that have been made. There was a second and the motion passed.

Pelto moved to accept the \$35 registration fee for the 2023 State Convention. There was a second and the motion passed.

Audrey Coyle, 2024 NGC Annual Convention Chair announced that the event will be held at the Westin near Boulder.



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The Rocky Mountain Regional Convention for 2023 will be held in Colorado Springs August 25-26, 2023. Aug 25 will be at the Flying W Ranch. Aug 26 luncheon and meeting to be held at the Patty Jewett Golf Club, 900 E Espanola Street CO Springs 80907, 719-385-6934

SPECIAL ORDERS:UNFINISHED BUSINESS AND GENERAL ORDERS: None.

CORRESPONDENCE REQUIRING ACTION: None.

# A Girl's Garden

# by Robert Frost

A neighbor of mine in the village Likes to tell how one spring When she was a girl on the farm, she did A childlike thing.

One day she asked her father To give her a garden plot To plant and tend and reap herself, And he said, "Why not?"

In casting about for a corner He thought of an idle bit Of walled-off ground where a shop had stood, And he said, "Just it."

And he said, "That ought to make you An ideal one-girl farm, And give you a chance to put some strength On your slim-jim arm."

It was not enough of a garden Her father said, to plow; So she had to work it all by hand, But she don't mind now. She wheeled the dung in a wheelbarrow Along a stretch of road; But she always ran away and left Her not-nice load, And hid from anyone passing. And then she begged the seed. She says she thinks she planted one Of all things but weed.

A hill each of potatoes, Radishes, lettuce, peas, Tomatoes, beets, beans, pumpkins, corn, And even fruit trees.

And yes, she has long mistrusted That a cider-apple In bearing there today is hers, Or at least may be.

Her crop was a miscellany When all was said and done, A little bit of everything, A great deal of none.

Now when she sees in the village How village things go, Just when it seems to come in right, She says, "I know!



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Help Wanted for the 2024 NGC Convention

Do you like to put on social events? Like to plan parties, have fun and get to know more "like minded" people? Then you are the person we are looking for.

We are getting ready to start planning the 2024 National Garden Club Annual Meeting which is happening here in Denver in June of 2024.

We are seeking people to volunteer to be Committee Chairs or to serve on a committee. Please see the following opportunities to be a part of something special.

Registration Committee: help to supply registration packets which will include meal tickets, copy of the registration form and other information. Help is needed to man the registration booth to welcome attendees, vendors, sponsors and others.

Speaker and workshop Leader Committee Chair(s): will be responsible for speaker and workshop leader selection, contracting and onsite management. Goal is to have a speaker representing one of the Mission statement elements. Once speaker and workshop leaders are selected the Chair must work with the NGC President to complete the Speaker contract for each speaker/ workshop leader. Key components of the contract are the following: Day/date/time of the presentation, topic, fee, additional possible compensation, hotel room if needed, one meal, travel and materials (for workshops only). Also included in the duties is to make sure that our guests do not run into any problems while on site.

Designer Committee Chair: Responsible for the selection, contracting and on site management of a Designer for the Event. The Guest Designer Committee should be constructed by the Committee Chair with persons having a wide array of experience in floral design or who attend design presentations.

Exhibits Committee Chair: This chair must work with the NGC Committee chairs whose work may be exhibited to stake out a location for each of these functions. Any sponsors must have a prime location close to the major events attended by all attendees. Each sponsor is provided with a table and room for any marketing collateral they choose to bring. Exhibits are best located near the vendors so that they have good foot traffic. The floor space, tables and tripods vary greatlyso planning ahead is recommended. Vendor Committee Chair: Responsible for vendor selection, contracting, onsite management. The goal is to have products appealing to each of the 4 disciplines represented in NGC: gardening, landscaping, floral design and the environment.

Page/Hostess Committee Chair: Need 2 hostesses stationed at each doorway to the banquet hall collecting meal tickets. Pages should be assigned to assist the convention chair, the NGC President and the President Elect.

Signage Committee Chair: This chair works with their committee to create attractive signs that might be needed such as Registration table, credentials, directional signage, etc. These signs should be appropriate to the hotel decor and the theme of the meeting.

Table Designs Chair: Table designs should be appropriate and correspond with the convention theme, the speaker's topic at the meal. The designs shouldn't be so tall that they obstruct those seated at the table's vision of each other and the speaker.Typically these designs are given away after the meals so they should not be so large that they can't be carried by someone that is flying.

Food Committee Chair: Works with the NGC President and/or President Elect to come up with menus.

Give Aways: If wanted/needed this person will arrange for give aways and goodies. Also responsible for pamphlets on a table near the registration.

Honor Designs Committee Chair: This chair procures designers to create a design for the NGC President, the NGC President Elect and the host state President. This chair works with the signage committee chairs so that small tent card signs can be created stating who the design honors and the designers name.

Music: If music is to be used during the meals or reception, this chair is to have the NGC Presidents approval, provide and have the appropriate contract signed with the musician(s).

Photography: This chair may serve as the official photographer. Once the photos are taken and after the convention, the photos need to be loaded onto the web and sent to the NAtional Gardener Article.

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Humor Down on the Farm

Publicity: provides publicity to advertise the meeting. Can work with NGC MEdia committee

Refresher/symposium Chair: This is optional and must have the NGC President's approval. This is to be a preor post- convention event although some banquets may apply to the hours needed.

If you would like additional information on the duties, or to sign up to serve as a Chair or on a particular committee, please either call or email Nancy Griffin. Cell 720-936-5785 or mysticmoongardener@gmail.com.

# The Summer Day

# by Emily Dickinson

Who made the world?

Who made the swan, and the black bear?

Who made the grasshopper?

This grasshopper, I mean -

the one who has flung herself out of the grass,

the one who is eating sugar out of my hand,

who is moving her jaws back and forth instead of up and down -

who is gazing around with her enormous and complicated eyes.

Now she lifts her pale forearms and thoroughly washes her face.

Now she snaps her wings open, and floats away. I don't know exactly what a prayer is.

I do know how to pay attention, how to fall down into the grass, how to kneel down in the grass, how to be idle and blessed, how to stroll through the fields,

which is what I have been doing all day. Jell me, what else should I have done? Doesn't everything die at last, and too soon? Jell me, what is it you plan to do with your one wild and precious life? A farmer purchased an old, run-down, abandoned farm with plans to turn it into a thriving enterprise.

The fields were grown over with weeds, the farmhouse was falling apart, and the fences were broken down. During his first day of work, the town preacher stops by to bless the man's work, saying, "May you and God work together to make this the farm of your dreams!"

A few months later, the preacher stops by again to call on the farmer. Lo and behold, it's a completely different place. The farm house is completely rebuilt and in excellent condition, there is plenty of cattle and other livestock

happily munching on feed in well-fenced pens, and the fields are filled with crops planted in neat rows.

"Amazing!" the preacher says. "Look what God and you have accomplished together!"

"Yes, reverend," says the farmer, "but remember what the farm was like when 1 wasn't helping."



## Calendar

# **Coming Events of Interest:**

• Deadline for submissions for the Spring 2023 issue of the Colorado Garden Connection, March 21, 2023

• March 8, 2023	CFGC Ways & Means, Ex BD & BOD meeting, Location TBD
• March 27, 2023	CFGC Trustees Meeting
• April 1, 2023	CFGC Southern District Meeting, Douglas County GC to host
• April 10, 2023	CFGC Judges Council Meeting
• April 24, 2023	CFGC Trustees Meeting
• May 2-5, 2023	NGC Annual Convention, White Sulphur Springs, WV
• May 16, 2023	CFGC Budget Meeting – EH & Zoom
• May 22, 2023	CFGC Trustees Meeting
• June 7-8, 2023	CFGC 2023 Annual Convention, Southern District Host, Audrey Coyle, Chair CFGC Judges Council Meeting at Convention
• June 26, 2023	CFGC Trustees Meeting
• July 10, 2023	CFGC Judges Council Meeting
• July 24, 2023	CFGC Trustees Meeting
• Aug. 25-26- 2023	CFGC to Host the RMR meeting in Co. Springs (Flying W Ranch & Patty Jewett Golf Club)– Audrey Coyle, Chair, Margie Soileau, RMR Director 2021-23
• Fall 2023	Annual NFRD Annual Meeting. Postponed from Spring to Fall. Date TBD
• May/June 2024	CFGC to host the National Garden Club Annual Convention in Colorado

For additional information on events without a Point-of-Contact (POC), please check the CFGC web-site at coloradogardenclubs.org. Or, if no access to the internet, call or write Joy Kancir at 303-814-0679 or 2195 Pine Wood Road, Sedalia, CO 80135-8043.